

# A Conversation.... For Parents of Teens

**Talk with other parents about  
teen-related issues**

2009/2010  
**Program Details**

- **FREE**
- **Sign up for one night or all six nights**
- Groups will be limited to 10 participants per session
- Dinner will be served
- All conversations will remain confidential
- Come for information
- Come for support
- Come to hear how other parents are coping with similar challenges
- Come and bounce your ideas off other parents

**You must register  
in advance**

**To register or for  
further information:**

Jon Mattleman  
781-455-7518 x265  
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**Visit our website:**  
[www.needhamma.gov/youthcommission](http://www.needhamma.gov/youthcommission)



**Want to be a part of a small group of  
parents discussing the challenges of  
parenting teens in a supportive and  
confidential setting?**

Join Youth Commission Director Jon Mattleman  
On the following Tuesdays from 5:30—7:30 pm

**October 27th**

**Make Peace/Not War with Your Teen**

**November 17th**

**What a Parent Needs to Know About Teen  
Drug and Alcohol Use**

**January 19th**

**Open Agenda: Come Discuss Any Teen Issue**

**February 9th**

**Teens & Technology: What's a Parent To Do**

**March 16th**

**Teens & Sex: What a Parent Needs to Know**

**April 13th**

**Teen Stress, Depression, & Suicide**

Sponsored by the

**Needham Women's Club**